



Why is cultural capital important? Our cultural capital helps form our understanding, knowledge, experiences, thoughts and opinions. It helps us achieve goals, become successful, try different things and share our experiences with others.

This booklet has been designed to inform our parents and carers how they can help support their child within each area at Admiral Lord Nelson School.

It outlines websites to look at, visits and cultural experiences your child may enjoy out of school hours to support them in their education, along with recommended books to read and the things we do in school too.

Personal Development

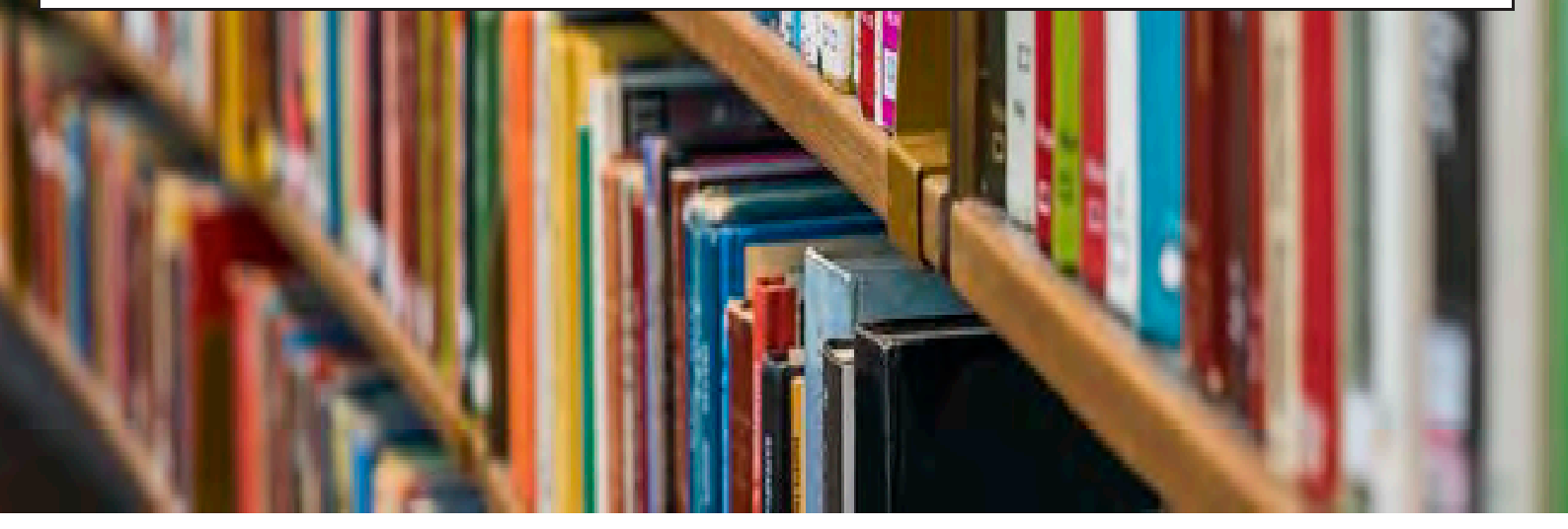
Cultural Experiences at ALNS	Places you can visit	Top Books and Films	
<ul style="list-style-type: none"> • Weald and Downland Museum visit (Year 7) • Your Rights, Your World Day (Year 7) • The Magic of Books Day (Year 7) • Year 6 & 7 'Right to Play' Day • Bolougne trip (Year 7) • Passport to the World Day (Year 8) • Be Dramatic Day (Year 8) • Ypres trip (Year 8) • Year 8 Camp • Duke of Edinburgh Day (Year 9) • Asia Day (Year 9) • Get Lost in Books (Year 9) • Aachen trip (Year 9) • Stockmarket Challenge (Year 9) • Shakespeare Day (Year 9) • Human Rights Day (Year 9) • Africa Day (Year 10) • Ethics and Tolerance Day (Year 10) • College taster day (Year 10) • Paris trip (Year 11) • World' Largest Lesson (All years) • Gambia Project (Year 7) • Visiting Speakers programme (All years) • Euthanasia (KS4) • Abortion (KS4) • War (All students) • Democracy (All students) • Family life – including same sex relationships (All students) • Family life – including surrogacy (All) • Plastic surgery (KS4) • Animal testing (KS4) • Extremism (All years) 	<ul style="list-style-type: none"> • The Mary Rose Museum • Portsmouth Dockyard • Spinnaker Tower • Submarine Museum • Hotwalls Studios • South Parade Pier • The D-Day Story • All Portsmouth libraries • Aspex Gallery • Portsmouth Film Society • Southsea Castle • Number 6 cinema • Portsmouth Museum • Spice Island Treasure Trail • Blue Reef Aquarium • Staunton Country Park • Portsmouth Music Experience • Guildhall Portsmouth events • Cumberland House Museum • Round and Square towers • Fort Nelson • Law Courts • Houses of Parliament 	<p>BOOKS</p> <ul style="list-style-type: none"> • All newspapers 	<p>FILMS</p> <ul style="list-style-type: none"> • He named me Malala • The Boy in the Striped Pajamas • Pay it Forward • Malcom X • Watch the news! • Invictus • Good Will Hunting • Forrest Gump • Dead Poets Society • Dunkirk • Fantastic Beasts • Warhorse • Book Thief • Constant Gardener • Documentary – My Weird and Wonderful family • Road to Guantanamo • Terry Pratchett documentary on Euthanasia • Islamophobia • Stacey Dooley documentaries
Top Websites			
<ul style="list-style-type: none"> • bbcnewsround.co.uk • YouTube for documentaries 			

English

Cultural Experiences at ALNS	Places YOU can visit	Top Books and Films	
<ul style="list-style-type: none"> • Open Air Shakespeare (KS4) • Summer holiday reading list – challenge set for students to read with parents (All years) • Poetry sharing (All years) • RSC Shakespeare on Film (All years) • English Ambassadors (KS3) • BBC News Day (KS3) • Author visits (All years) • Formal debating in lessons (All years) • Creative writing club (All years) • Debate club (All years) • Portsmouth literature quiz (All years) • Poetry Live! at Brighton Dome (Year 11) • Live Shakespeare performances by Box Clever at school (KS4) • Visits to watch live theatre performances such as Lord of the Flies, Macbeth, The woman in Black and Good night Mr Tom (All years) • Poetry and short story writing competitions (All years) • Make a book PD day (Year 9) • Thematic teaching around the Holocaust, modern feminism, the Romantics and more (All years) 	<ul style="list-style-type: none"> • The Globe Theatre, London • The New Theatre Royal, Portsmouth • The Kings Theatre, Portsmouth • The Mayflower theatre, Southampton • Charles Dickens Birthplace, Portsmouth • Portsmouth Museum • D-Day Museum, Portsmouth • Dickens World • Jane Austen's House, Alton • Fort Nelson – links to Power and Conflict Poetry Anthology • Charles Dickens Museum, Portsmouth • The British Library – Treasures of the British Library • The British Museum, London 	BOOKS <ul style="list-style-type: none"> • Kiss the Dust by Elizabeth Laird • Maus by Art Spiegelman • Of Mice and Men by John Steinbeck • Pigeon English by Stephen Kelman • Lord of the Flies by William Golding • A Christmas Carol by Charles Dickens (and other Dickens texts) • The World's Wife by Carol Ann Duffy • Shakespeare plays • Greek Mythology • 1984 by George Orwell • Joseph Conrad's <i>Heart of Darkness</i> • Warhorse by Michael Morpurgo 	FILMS <ul style="list-style-type: none"> • Goodnight Mr Tom (1998) • Day After Tomorrow (2004) • Romeo and Juliet (1996) • Of Mice and Men (PG) • Life is Beautiful (1997) • Boy in the Striped Pyjamas (2008) • Tsotsi (2005) • Lord of the Flies (1963) • Macbeth (1974) or any Shakespeare Play • A Christmas Carol (PG)

Top Websites to explore

- BBC Bitesize - <https://www.bbc.com/bitesize>
- No Fear Shakespeare
- e-chalk - <https://www.echalk.co.uk/>
- Conan Doyle Collection
- National Theatre – *Medea* - <http://ntlive.nationaltheatre.org.uk/productions/46190-medea>
- AQA GCSE Literature [website – https://www.aqa.org.uk/subjects/english/gcse/english-literature-8702](https://www.aqa.org.uk/subjects/english/gcse/english-literature-8702)
- Mr Bruff – You Tube videos
- Poetry Foundation for Teens



Maths

Cultural Experiences at ALNS		Places YOU can Visit	Top Books and Films	
<ul style="list-style-type: none"> • Gambia Week (Year 7) • UK Maths Challenge (All years) • Southampton University maths challenge (KS4) • Stock Market Challenge (Year 9) • BAE application of maths workshop (KS4) • Algebra in careers workshop (KS4) • Celebration of World Pi Day (14th March) (All years) • Weekly Maths Challenge (All years) • Year 7 UKMT maths challenge (Year 7) 		<ul style="list-style-type: none"> • Pegasus Bridge, France • Intech, Winchester • Birdmen – Bognor • Brighton 360 viewing tower • Flip Out, Portsmouth • Lego Land, Windsor • Bletchley Park, Milton Keynes • Planetarium, London • Natural History Museum, London • Science Museum, London • Imperial War Museum, London • Solent Air Museum • iFly Indoor Skydiving, Basingstoke • Bournemouth Air Show 	BOOKS <ul style="list-style-type: none"> • Maths is awesome • Mathemagical • CGP Revision Guides • Sophie's World • If the world were a village • The magic of pineapples 	FILMS <ul style="list-style-type: none"> • Goodwill Hunting (15) • 21 (12A) • Theory of everything (12A) • Moneyball (12A) • Gifted (12A) • Rain Man (15) • No23 (15) • The Big Short (15) • Imitation game (12A) • Hidden Figures (PG) • X + Y(12A)
Top Websites				
Hegarty Maths - https://hegartymaths.com Corbett Maths - https://corbettmaths.com MathsPuzzle - http://www.puzzleoftheweek.com				

Science

Cultural Experiences at ALNS	Places YOU can visit	Top Media	
<ul style="list-style-type: none"> • STEM Science day (year 7) • Robot revolution day • Gambia Fortnight. • Marwell Zoo Visit (year 8) • Right to play PD day • Portsmouth University day • LifeLab • BAE Boat Building competition • Teen Tech • Chichester College trip (space cadets) • Environment Club • STEM club • BIG BANG Event • Get Inspired • Science Museum Trip • National Women in Engineering day • BAE Roadshow • ESSO Roadshow • Young Engineers event • Careers in Space Roadshow • Natural History Museum trip • CSI Day 	<ul style="list-style-type: none"> • Marwell Zoo • Chichester Planetarium • The Royal society • Museum of Natural History • Winchester science centre • Flip Out, Portsmouth • Lego Land, Windsor • Bletchley Park, Milton Keynes • Planetarium, London • Natural History Museum, London • Science Museum, London • iFly Indoor Skydiving, Basingstoke • Bournemouth Air Show • The British Museum, London • Staunton country park • QE country park • @ Bristol Science centre • The Royal Institution • Blue Reef aquarium • London Aquarium • Sealife centre 	PUBLICATIONS New scientist National geographic Horrible Science AQA GCSE Revision Guide for combined Science BBC Focus BBC Sky at Night Physics World BBC Knowledge Nature Science American Wired Nature Biotech The Hot Zone How it works BBC Wildlife	FILMS BBC Horizon Documentaries Planet Earth: The complete collection Blue planet I & II Apollo 13 Interstellar The imitation game The Martian The Andromeda Strain The day after tomorrow Awakenings Gorillas in the mist GATTACA Lorenzo's Oil Madame Curie Evolution The Manhattan Project Wall-E Supersize me Earth Days The Future of food Be the change Up (Animation) The Cove Silkwood Project X Jurassic Park March of the Penguins Happy Feet Outbreak Microcosmos Mythbusters series Food over Forks Cowspiracy The Inconvenient Truth

Top websites

BBC Bitesize KS 3 and KS4 (AQA)
 New Scientist
www.senecalearning.com
www.youtube.com (many revision channels and science videos)
www.livescience.com
www.nasa.gov
www.howstuffworks.com
s-cool.co.uk
thestudentroom.co.uk
www.aqa.org.uk/subjects/science/gcse

Humanities

Cultural Experiences at ALNS	Places YOU can visit	Top Books and Films	
<ul style="list-style-type: none"> Weald and Downland Museum (Year 7) Ypres – 3 day focusing on battlefield and memorials alongside culture of the city. Poland trip with visits to Galicia (KS4) Schindler’s factory and Auschwitz. Talk to a Holocaust survivor. Gambia Project (Year 7) Teachings of other societies – E.G USA, Germany (All years) Fieldwork trips (KS4) Nurture Nature PD Day (Year 8) GCSE fieldtrip to Bay of Naples, Italy (Year 10) Teaching about different places and cultures (Nigeria, Brazil, China) (All years) 	<ul style="list-style-type: none"> Portchester Castle Dockyard – Victory and Warrior Mary Rose Museum Churchill War rooms Bovington Tank Museum Weald and Downland Museum London Dungeons Jack the Ripper tour – London Leeds castle Arundel Castle The Globe Theatre Tower of London Stonehenge Roman Baths – Bath Fishbourne Roman Palace Blenheim Beaulieu Warwick Castle Edinburgh castle National Parks Marwell Zoo, Winchester Fieldwork sites: Gunwharf Quays and Southsea Seafront 	BOOKS <ul style="list-style-type: none"> History today magazine Around the world in 80 days’ <ul style="list-style-type: none"> Michael Palin Revision Guide – CGP Revision workbook – CGP ‘Horrible Geography’ series 	FILMS <ul style="list-style-type: none"> A Knight’s tale Oliver Twist War Horse Hitler – Rise of Evil Forest Gump Elizabeth They shall not grow old The Butler Time to kill Saving private Ryan Hidden Figures Titanic Hotel Rwanda Pearl Harbour Gathering Storm Dunkirk Churchill The Pianist Schindler’s list Boy in the striped pyjamas Human Planet Blue Planet Planet Earth An Inconvenient Truth Day After Tomorrow San Andreas The impossible

Top Websites

Youtube.com for a variety of clips on all subjects taught from KS3 – GCSE.

- BBC Weather - <https://www.bbc.co.uk/weather>
- BBC Bitesize KS3 - <https://www.bbc.com/bitesize/levels/z4kw2hv>
- Blue Planet - <https://www.bbc.co.uk/programmes/b008044n>
- Planet Earth - <https://www.bbc.co.uk/programmes/b006mywy>
- AQA website -<https://www.aqa.org.uk/>

Time for Geography: <https://timeforgeography.co.uk/>

Top Websites

Youtube.com for a variety of clips on all subjects taught from KS3 – GCSE.

- BBC Weather - <https://www.bbc.co.uk/weather>
- BBC Bitesize KS3 - <https://www.bbc.com/bitesize/levels/z4kw2hv>
- Blue Planet - <https://www.bbc.co.uk/programmes/b008044n>
- Planet Earth - <https://www.bbc.co.uk/programmes/b006mywy>
- AQA website - <https://www.aqa.org.uk/>

Time for Geography: <https://timeforgeography.co.uk/>

- BBC Weather - <https://www.bbc.co.uk/weather>
- BBC Bitesize KS3 - <https://www.bbc.com/bitesize/levels/z4kw2hv>
- Blue Planet - <https://www.bbc.co.uk/programmes/b008044n>
- Planet Earth - <https://www.bbc.co.uk/programmes/b006mywy>
- AQA website - <https://www.aqa.org.uk/>

Time for Geography: <https://timeforgeography.co.uk/>

Modern Languages

Cultural Experiences at ALNS	Places YOU can visit	Top Books and Films	
<ul style="list-style-type: none"> • Year 7 trip to Boulogne in France to enjoy the French culture (Year 7) • Year 9 trip to Aachen in Germany to visit the Christmas Markets (Year 9) • Year 8 "Passport to the World" day (Year 8) • Spanish Club (All years) • Year 9 Language Leaders Award (Year 9) • Langstone Junior café experience (KS3) 	<ul style="list-style-type: none"> • German restaurants e.g. Stein Garten / Hansel & Pretzel / Stein's • French Restaurants e.g. Cheese & Cheers / La Parisienne / Café Rouge / Brasserie Blanc • Spanish Restaurants e.g. Chiquitos / La Tasca / Casa Brasil / Las Iguanas / La Regata / Tapas Barcelona / Antonios/ La Cabana / Nicholsons • Supermarkets e.g. LIDLs/ Asdas/ Tesco's / Waitrose • Pix Pintchos and Peacock Theatre (German Cornejo's tango) • Ferry ports • Short trips to Boulogne, Cherbourg, Santander, St. Malo, Le Havre, Berlin • Number 6 Cinema • Local French / German markets 	PUBLICATIONS <ul style="list-style-type: none"> • Amazon audio books • Bi-lingual books • Netflix series • Mary Glasgow Magazines • Tintin • Asterix et Obélix • Extr@ 	FILMS <ul style="list-style-type: none"> • Das Wunder von Bern • Amélie • Les Choristes • Coco • Bodas de sangre • Goodbye Lenin (KS4 only) • Run Lola Run (KS4 only) • L'arnecour (KS4 only)

Top Websites

- BBC [Bitesize](https://www.bbc.com/bitesize) - <https://www.bbc.com/bitesize>
- Memrise
- Linguascope
- Kahoot
- Quizlet
- lyricstraining.com
- Deutsche Welle (slow speaking news)
- French/German/Spanish YouTubers



Performing Arts

Cultural Experiences at ALNS	Places YOU can visit	Top Books and Films	
<ul style="list-style-type: none"> • Performing Arts Evenings (All years) • Pantomime PD Day (Year 8) • Workshops with professional dancers, actors, directors and musicians (All years) • Theatre trips and visits every term (All years) • Spring Concert (All years) • BTEC ALNS Theatre Company performances (KS4) • BTEC ALNS Dance Company performances (KS4) • Royal Albert Hall performance (All years) • Gambia Project (Year 7) • Rock Challenge (All years) • Celebration Assemblies and Awards evening (All years) • Artsmark and ArtsAward (All years) • Christmas Performance trip (Year 8) • Drama, Music and Dance Clubs every week (All years) • Portsmouth Festival (All years) • Annual School Production (All years) • Music workshops with Portsmouth College (KS4) • Soundsational at the Guildhall (All years) • Portsmouth Music Festival (All years) • Red Cross performances (All years) • Performing Arts Festival (Summer term) • BTEC Acting and Dance productions (KS4) • ALNS has got Talent (All years) • Gambia Evening performances (Year 7) • Rock the Rooms – Wedgewood Rooms (KS4) • Chichester College workshop and visit (KS4) • Dance workshop with Map Dance (University of Chichester) (KS4) • Darwin Dance Tour (University of Winchester) (KS4) • Chi Rocks (KS4) 	<ul style="list-style-type: none"> • Portsmouth Guildhall • Mayflower Theatre, Southampton • Chichester Theatre • London Theatres – West End • Covent Garden • Victorious Festival • New Theatre Royal, Portsmouth • Kings Theatre, Portsmouth • Wedgewood Rooms • Portsmouth Festival • The Globe Theatre – London • Local Cinemas • The Spring, Havant • New Theatre Royal, Winchester • Pyramids, Portsmouth • Portsmouth Cathedrals • The Point Eastleigh 	BOOKS <ul style="list-style-type: none"> • Any play text • Shakespeare • An Actor prepares – Stanislavski • Plays by John Godber • The Dancing Times • Dance Magazine 	FILMS <ul style="list-style-type: none"> • Essential guide to dance • The Greatest Showman (PG) • Grease (PG) • Hairspray (PG) • Any Shakespeare play • Les Miserables (12) • Musicals • Recordings of live performances • Mark Wheeler productions

Top Websites to explore

- www.youtube.com for examples of professional work
- www.nationaltheatre.co.uk
- MonologueArchive.co.uk - <http://www.monologuearchive.com/>
- Musicteacher.com
- Creativeskillsset.co.uk
- www.dancemagazine.com

Art and Design

Cultural Experiences	Places to Visit	Top Books and Films and TV shows	
<ul style="list-style-type: none"> University Student workshops for Art and Graphics students (KS4) Photography workshops from Portsmouth University students (All years) Trip to Pallant House Gallery or another gallery (KS4) Art and Design Clubs (KS3) Visiting Portrait Artist Karl Rudziack (Year 11) Making sculptural poppies for the WW1 display (All years) Looking at art and design from across the world and in art history (All years) To make and create outcome in wood, clay, drawing, painting and fabrics (All years) Gambia Project (Year 7) Art and Design yearly Exhibition (KS4) 'The Mall' exhibition space (All years) Creative Sessions on PD days such as Asia Day, Africa Day (All years) Allsorts: Design PD day (Year 8) Rock Challenge sets and Props (All years) 	<ul style="list-style-type: none"> Tate Modern, London Tate Britain, London National Portrait Gallery, London National Gallery, London V&A, London Aspex Gallery, Portsmouth Southampton City Art Gallery Pallant House Gallery - Chichester Portsmouth City Museum Brighton Pavilion and city museum Victoria and Albert Museum, London CASS Sculpture Foundation, Goodwood Design Museum, London 	BOOKS <ul style="list-style-type: none"> Any books on photography, art and 3d design. The Art Book (mini format), Phaidon The Photography Book Paperback – <u>Ian Jeffrey</u> The Design Book- <u>Phaidon</u> Graphic Design Cookbook: Mix and Match Recipes for Better, Faster Layouts- <u>Koren and Meckler</u> <p>TASCHEN Books: Publisher of books on art, architecture and design.</p>	FILMS <ul style="list-style-type: none"> Frida (15) Girl with a Pearl Earring (12) Loving Vincent (12) <p>TV programmes for art</p> <ul style="list-style-type: none"> - Portrait artist of the year (Sky Arts) - Landscape artist of the year (sky Arts)

Top Websites

- Pinterest - <https://www.pinterest.co.uk/>
- Tate Galleries: www.tate.org.uk
- Bitesize photography: <https://www.bbc.com/bitesize/guides/zgwpnbk/revision/1>
- Bitesize Art and Design: <https://www.bbc.com/bitesize/subjects/z6hs34j>
- Technology/ 3D Design– www.technologystudent.com

Cultural Experiences at ALNS	Places YOU can Visit	Top Books and Films	
<ul style="list-style-type: none">Football, netball, hockey, table tennis, basketball, rounders, badminton and athletics competitions. (All years)Winter and Summer Sports Days (All years)Junior Great South run Gambia fundraiser (KS3)BTEC Sport and GCSE moderation (KS4)Wembley Stadium (All years)Alpine Snowsports Southampton (All years)Chichester University (KS4)Portsmouth College (KS4)GCSE PE and BTEC Sport catch up clubsSports and activities after school every night including fixtures, Cup games and tournaments (All years)Active Leaders Award- Sports Leadership (KS4)Chosen routeways in core PE to engage all in KS4 (KS4)Year 9 Reward trip to the Water Sports Centre (Year 9)Sports Presentation Evening at Portsmouth College (All years)	<ul style="list-style-type: none">Fratton Park FCROKOMountbatten CentrePyramids (BH Live)Portsmouth Gymnastics CentreLangstone Sports Site- University of PortsmouthPortsmouth Sailing ClubBransbury ParkPortsmouth Rugby ClubMoneyfields; football & boxingFort WigleyTenth Hole Pitch & PutAndrew Simpson Water Sports CentreWimbledon ParkPortsmouth Badminton ClubHighbury Sports CentreSouthsea Skate parkSouthsea Tennis clubOutdoor volleyball courtsGreat Salterns Golf course & Driving rangePortsmouth & Southsea Hockey clubPortsmouth & Southsea Cricket clubHMS Temeraire Sports GroundGunwharf BowlingCollege Park Bowls ClubFort PurbrookPompey PingPortsmouth Table Tennis ClubPortsmouth Basketball ClubSouthsesa Park Run/Baffins Fit club/Portsmouth JoggersPortsmouth Northsea Swimming ClubKen Shinkai Martial ArtsGosport Ice Rink- Planet Ice	BOOKS <ul style="list-style-type: none">BTEC Sport Level 2 student bookGCSE PE Edexcel revision and work bookSporting autobiographies	FILMS <ul style="list-style-type: none">World RecordsDocumentariesEddie the EagleCoach CarterInvictusBend it like BeckhamEverestI am BoltRockyCool RunningsThe Blind SideRemember the TitansSpacejamThe Karate KidChariots of FireThe Mighty DucksPele, Birth of a LegendBobbyMillion Dollar BabyGridiron GangAliConcussionDraft dayCreedMoneyballRushGoalAny Given SundayHappy GilmoreWimbledon
Top Websites			
<ul style="list-style-type: none">BBC Sport - www.bbc.co.uk/sportSky Sports News - www.skysports.comBT Sport www.sport.bt.comTalksport www.talksport.com	<ul style="list-style-type: none">GCSE PE Revision -www.senecalearning.com/blog/gcse-physical-education-revision/BBC Bitesize- www.bbc.com/bitesize/examspecs/zxbg39qBTEC Sport Level 2 Revision- https://quizlet.com/28185620/btec-level-2-unit-1-fitness-for-sport-flash-cards/		

Media and IT

Cultural Experiences	Places to Visit	Top Books, Films and TV shows	
<ul style="list-style-type: none"> • Computing Club – Outside speakers and events (All years) • E-Sports Leagues (All years) • Outside speaker from Bletchley Park on the Enigma Code including hands on experience with one of the Enigma Machines • Devising a Travel Agency (Year 8) • Researching key figures from history (Year 7) • Asia Day – Manga creation (Year 9) • Africa Day – Black Superhero work shop (Year 10) • CSI Day – Editing (Year 8) • Gambia Project – Movie Editing • Year 10 Media/ICT – Website design • Year 11 Media/ICT – Website design 	Bletchley Park Action Stations Warner Bros Studios Airbus Science and Technology fairs BETT Fair	Films: <ul style="list-style-type: none"> • Cyber Bully • The Imitation Game • The Theory of Everything • Click Online • The Matrix • The Social Network • Video Game High School • 1985 • Ready Player One • Ender's Game • The Avengers • Surrogates • Tron 	TV: <ul style="list-style-type: none"> • Human • Cyberbully • BBC Panorama • BBC Click Books: <ul style="list-style-type: none"> • 1985 • The Theory of Everything • #famous • Eliza and Her Monsters • Chicken Clicking • The Teen's guide to social media and...and mobile devices • Click'd

Top Websites

BBC Bitesize: <https://www.bbc.com/bitesize>

Click Online: <https://www.bbc.co.uk/programmes/b006m9ry>

Bletchley Park: <https://bletchleypark.org.uk/>

Code Avengers: <https://www.codeavengers.com/>

Thinkuknow: www.thinkuknow.co.uk

CEOP: <https://www.ceop.police.uk/safety-centre/>

Deep Mind: <https://deepmind.com/>



Food Technology

Cultural Experiences	Places to Visit	Top Books, Films and TV shows	
<ul style="list-style-type: none"> Introduce students to business professionals in the catering Industry (All years) College visits and the opportunity to produce work in a professional kitchen (KS4) Using the school garden to grow and use the produce in food lessons (All years) Gardening club (All years) Cooking a range of Multi-Cultural cuisine (All years) 	Food Restaurants in Gunwharf Quays Bella Italia Carluccios Chiquito Frankie and Benny's World Giraffe Las Iguanas Nandos Wagamama etc Manor Farm Strawberry picking- Meon Bye Farm, Triangle Lane, Titchfield, Fareham, PO14 4HB Pick you own: Durleighmarsh Farm, just off A272, between Petersfield & Rogate, Hampshire, GU31 5AX	Cook books by: <ul style="list-style-type: none"> Two greedy Italians Rick Steins cook books Jamie Oliver Gino D'Acampo Mary Berry Delia Smith Animals, Vegetables, and Minerals from A to Z by Sallie O'Donnell The Adventurous Chef: Alexis Soyer by Ann Arnold Chew on This: Everything You Don't Want to Know About Fast Food, Eric Schlosser	Any food shows on: The food network Good Food TV shows such as: The British Bake Off Saturday Kitchen Live MasterChef
Top Websites			
<ul style="list-style-type: none"> Catering – http://www.foodafactoflife.org.uk/ and https://www.jamieoliver.com/ BBC Bitesize - https://www.bbc.com/bitesize Delia Smith- Deliaonline.com Great British Chefs- greatbritishchefs.com BBC Good Food- www.bbcgoodfood.com			

Broadside

Cultural Experiences at ALNS	Places YOU can visit
<ul style="list-style-type: none"> Residential Visit and Activities The Prince's Trust Vocational Modules Sailing and Outdoor Adventurous Experiences Team Building Opportunities and project work – including practical personal skills such as DIY Personal development through group and discussion work on rights and responsibilities, Law & Order, Crime & Punishment, Relationships, Marriage, Family Life, Financial Wellbeing PD Day programme including various trips and opportunities – Portsmouth Law Courts, Go-Karting, Bowling, Cinema Trips, Pitch & Putt Golf, Golf Driving Range, Portsmouth FC Life Skill development – art and design, cookery, bike maintenance First Aid Technical Lego 	<ul style="list-style-type: none"> The Mary Rose Museum Portsmouth Dockyard Spinnaker Tower South Parade Pier The D-Day Story All Portsmouth libraries Portsmouth Museum Staunton Country Park Fort Nelson Fort Purbrook Portsmouth Law Courts Portsmouth Outdoor Centre Gunwharf Quays Fairthorne Manor Portsmouth Golf Centre Fratton Park
Top Websites	
<ul style="list-style-type: none"> The Prince's Trust – www.princes-trust.org.uk British Red Cross – www.redcross.org.uk Fort Purbrook - https://peterashleyactivitycentres.co.uk/ Historic Dockyard - https://www.historicdockyard.co.uk/ 	