

# Year 11 Parent Information Evening 2023

*Dare to Dream,  
Aim to Achieve*



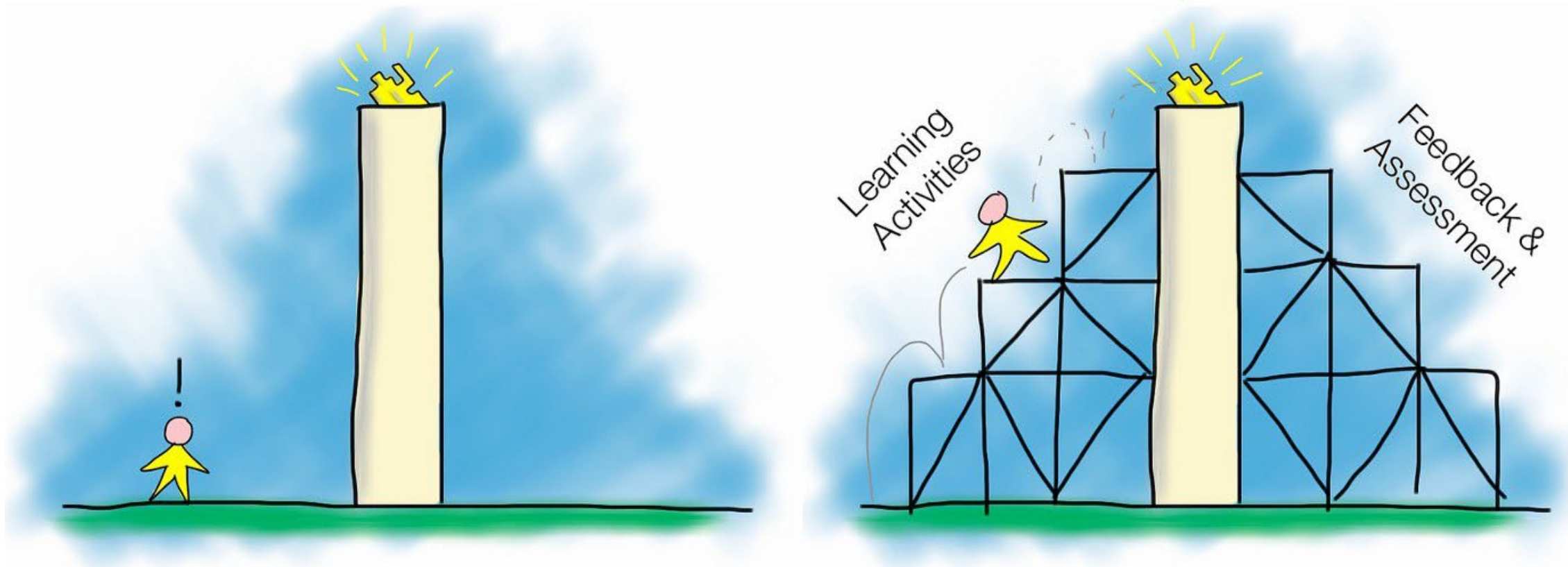
# Parent Information Evening

- To help your child maximise their potential

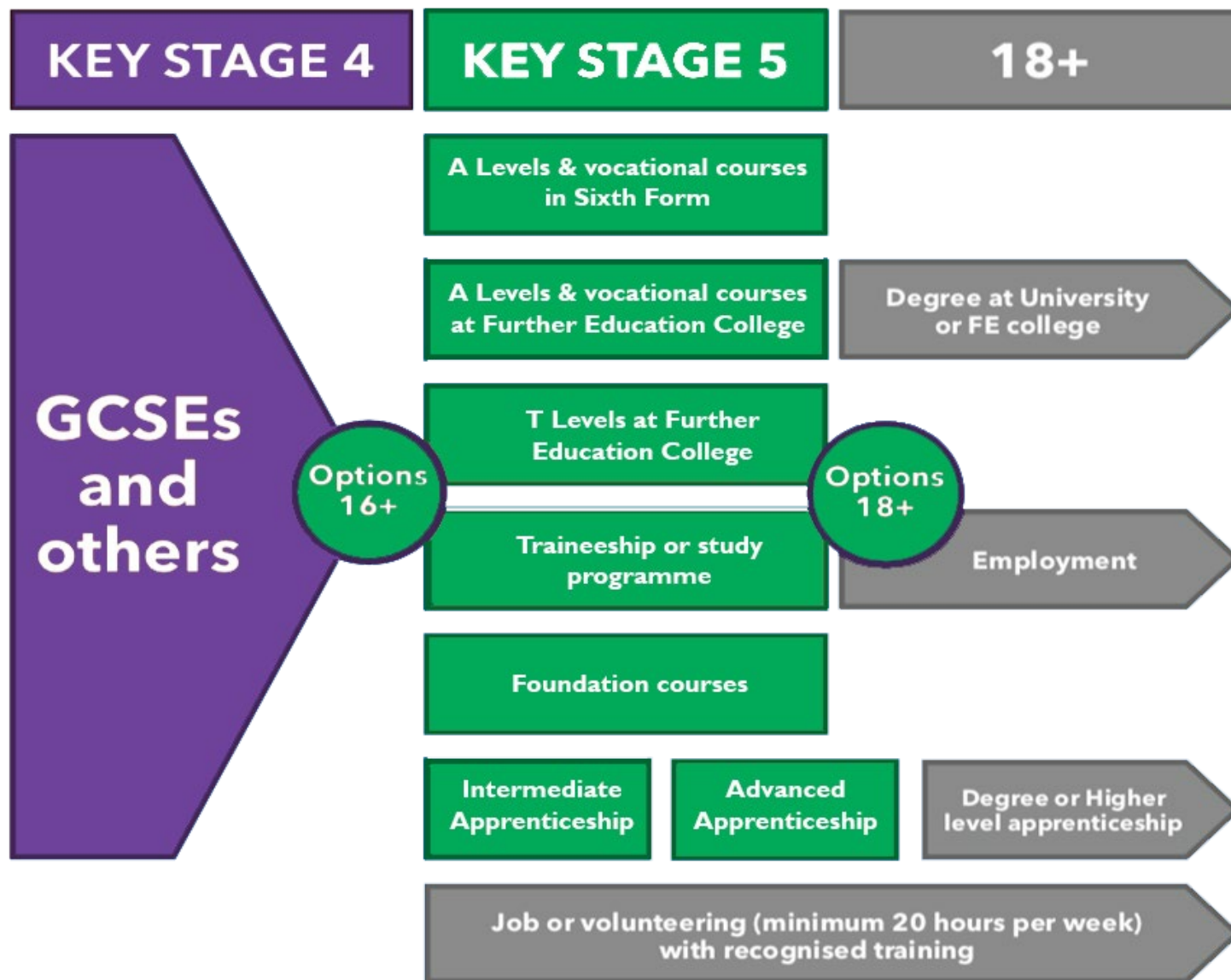


# High Challenge, High Support

Learning Outcome



# What are my options?





# *Careers Offer at ALNS*

- **Careers Appointment**
- **Prospectuses and application forms**
- **Open evenings and weekend events**
- **Before and after school / Breaktimes**
- **Social Media**



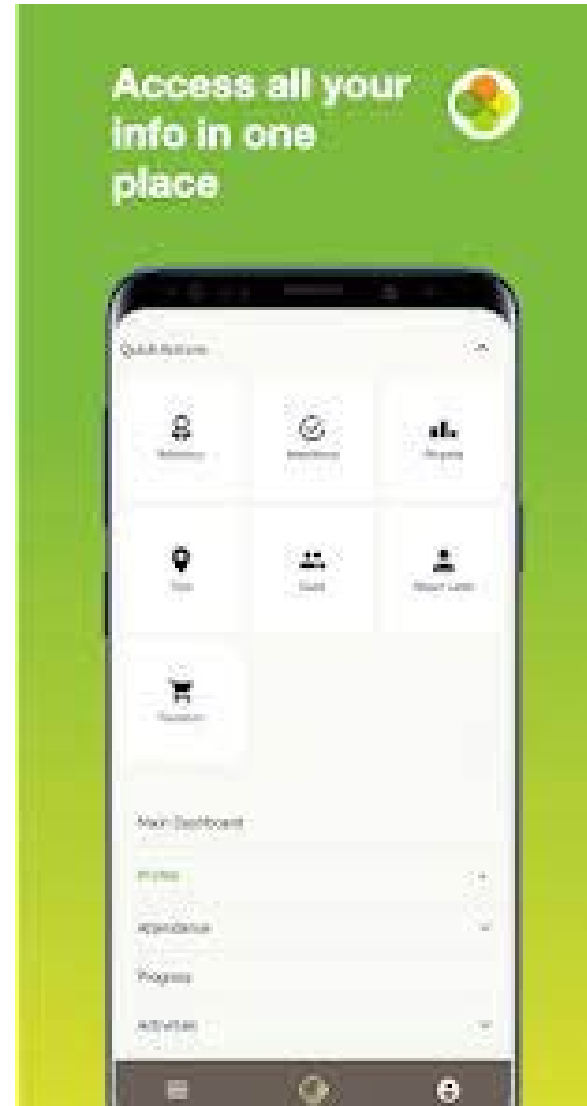
## *Year 11*

- **Have your college applications completed and with the colleges by Christmas (even if you are thinking of an apprenticeship)**
- **If you are interested in an apprenticeship register with [www.apprenticeships.gov.uk](http://www.apprenticeships.gov.uk) sign up to receive alerts of latest apprenticeship vacancies, apply for as many apprenticeships that are of interest to you, have your CV ready**

# Year 11 Key Dates 2023/24

- **Year 11 Mocks Exams, Monday 6<sup>th</sup> November (for 2 weeks) and Monday 5<sup>th</sup> February (for 2 weeks)**
- **Inset Days, Friday 24<sup>th</sup> November, Monday 22<sup>nd</sup> January and Friday 8<sup>th</sup> March**
- **Year 11 Parents Evening, Thursday 7<sup>th</sup> December**
- **Food Tech GCSE Practical Exams commence Monday 11<sup>th</sup> March**
- **GCSE Speaking Exams commence, Monday 15<sup>th</sup> April**
- **GCSE Exams commence, Monday 13<sup>th</sup> May**
- **Year 11 BBQ, Wednesday 26<sup>th</sup> June**
- **Year 11 Prom, Thursday 27<sup>th</sup> June**







# Attitude to Learning

A

B

C



# The Teenage World

- **Developing separate identity**
- **Peer pressure**
- **Challenging events**
- **Lack of control**
- **Fear of the future**
- **Media**
- **Exams**





## *Reorganisation means...*

- **Poor planning**
- **Poor decision making**
- **Risk taking**
- **Severe mood swings (feeling anxious)**
- **Misunderstanding others (you)**



# The Teenage Brain

Reorganisation of the prefrontal cortex

Responsible for:

- **Planning**
- **Decision making**
- **Inhibits risk taking behaviour**
- **Controlling emotions**
- **Understanding others**





# Parents can:

- Praise effort
- They need praise, avoid criticism
- Help plan and manage
- Employ 80:20 rule
- Encourage Growth mind-set
- Help with healthy sleep patterns
- Work area – no distractions; phones etc
- Listen



*Knowledge  
Acquisition*

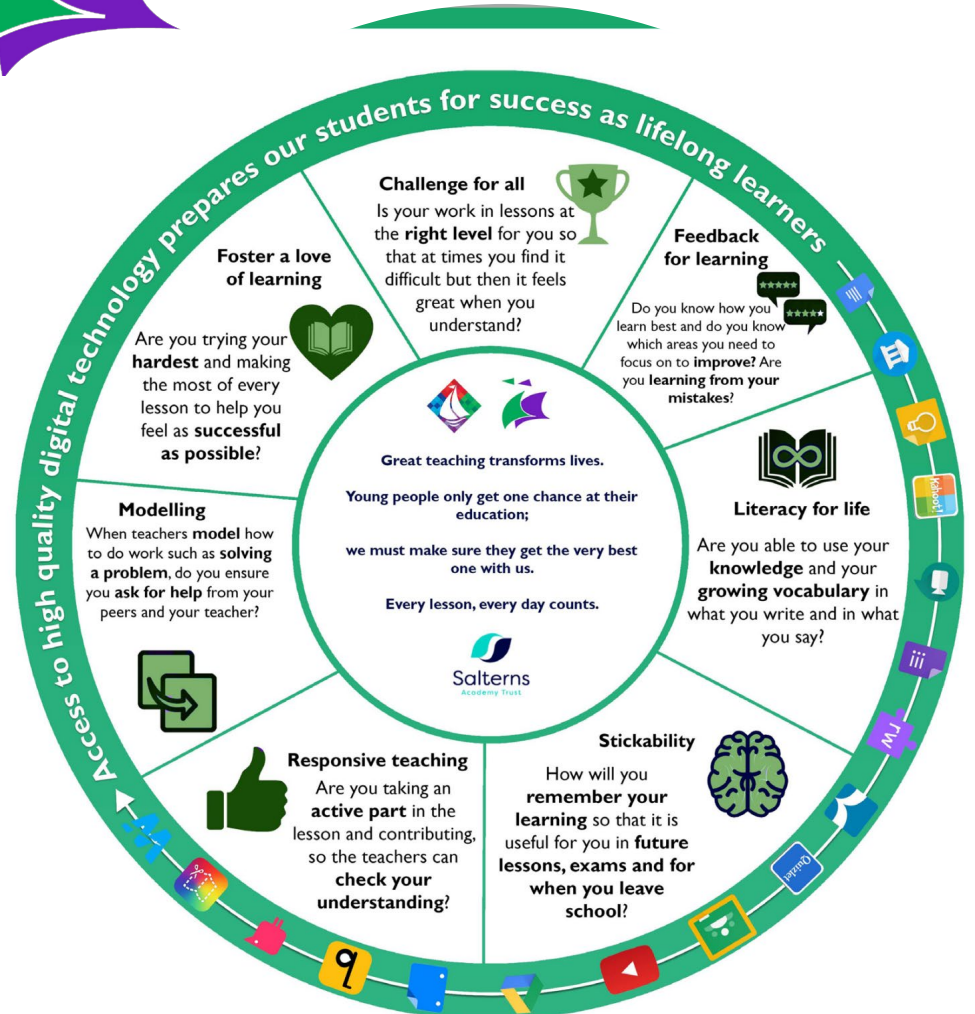
# *Knowledge Application*



# Curriculum 2023/24



Dare to Dream,  
Aim to Achieve





# Revision

## Drawing Mind Maps

If you say 'mind map' as fast as you can 40 times while looking at a topic, one will draw itself...

### A Mind Map is a Type of Diagram

- 1) Mind maps are a **visual** way to **organise information**.
- 2) **One mind map** usually represents **one topic**.
- 3) The **name** of the topic goes in the **middle**, with **sub-topics** and further **detail** added around it.
- 4) Details are **short** and **to the point**.
- 5) **Boxes** or **bubbles** around some of the information can help it **stand out**.
- 6) A good mind map uses **colour** and **images**.



### Mind Maps Are Great For Revising Topics

- 1) Organising material **visually** can make it **easier to recall** in an exam.
- 2) **Colour** and **images** can help topics and information to stick in your memory.
- 3) Mind maps can help you to identify the **key ideas** of a topic and find **links** between them, which can help you see the topic in different ways.

### You Can Use Them Throughout Your Revision

Mind maps are really useful for **subjects** where there are **lots of links** between ideas (e.g. **History** or **English**) but less useful for learning a list of formula or a vocab list.

#### At the start

Use your notes and other resources to **draw a mind map** of a topic — it's a great way of **revising key information**.



#### During revision

You could **pin** your completed mind maps **up** in your revision space so that you **see them regularly**.



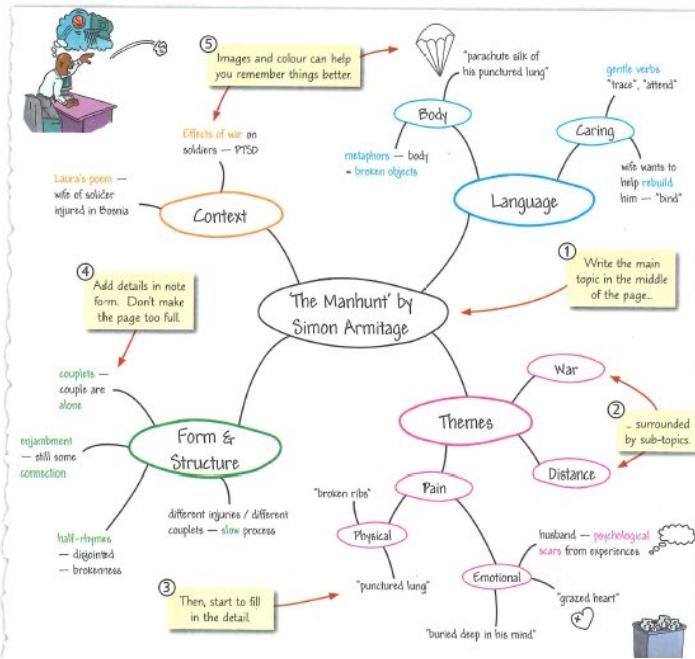
#### To test yourself

**Draw a mind map** of a topic from **memory**, then refer to the original and **fill in any gaps** in a **different colour** — this shows you what you **still need to revise**.

## Drawing Mind Maps

### EXAMPLE:

Here is an example of a mind map for the poem 'The Manhunt' by Simon Armitage. It **isn't complete**, but it gives you an **idea of where to start**.



CGP



# How to Revise for GCSE

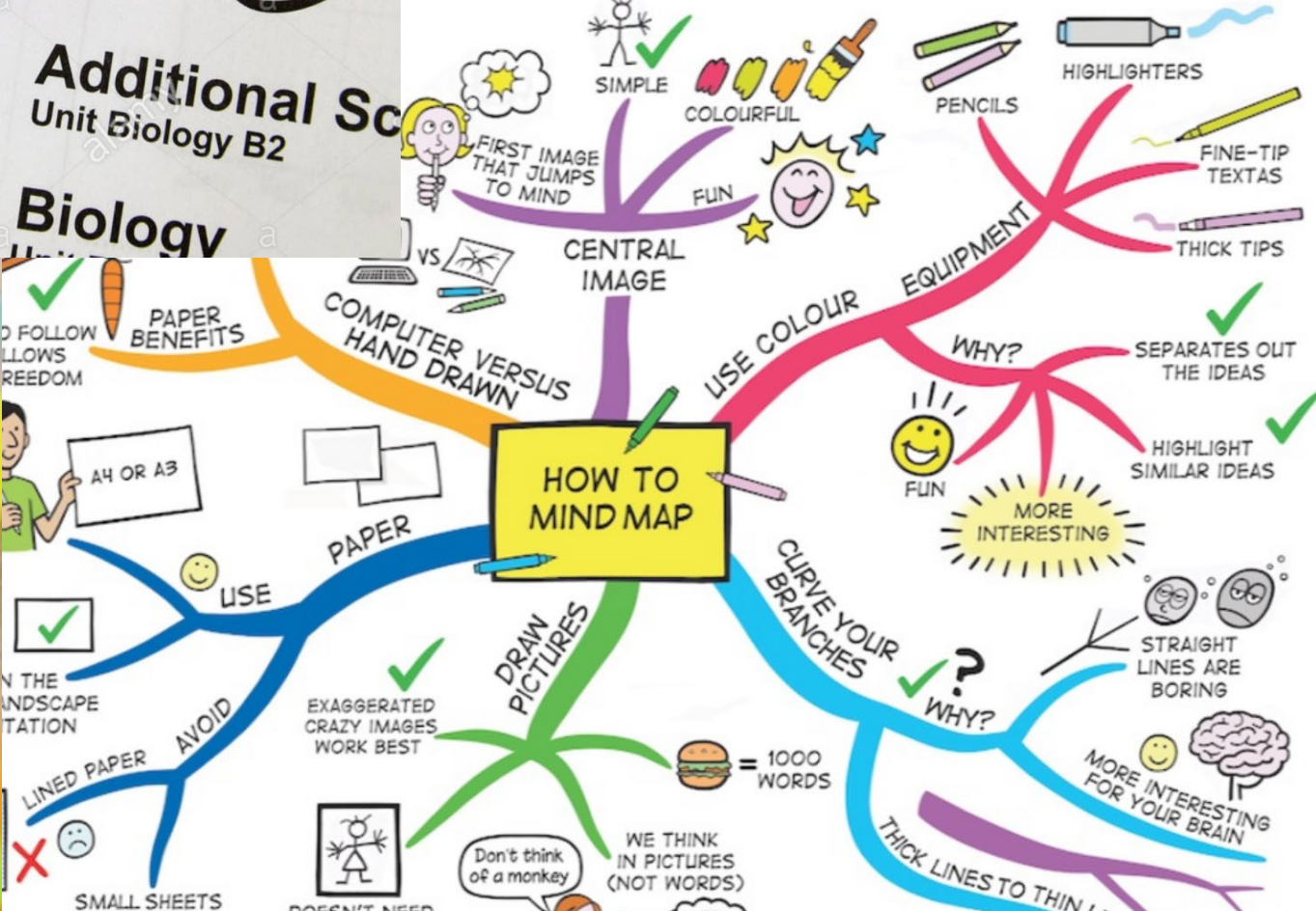
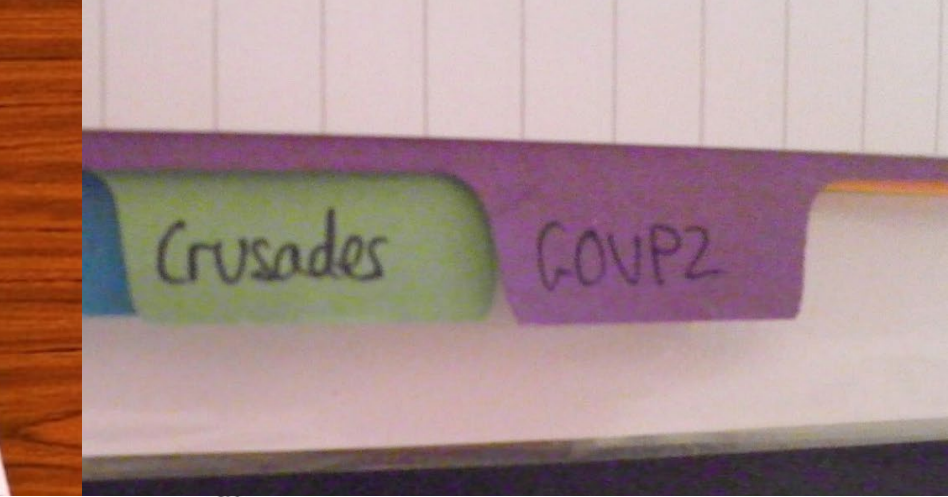
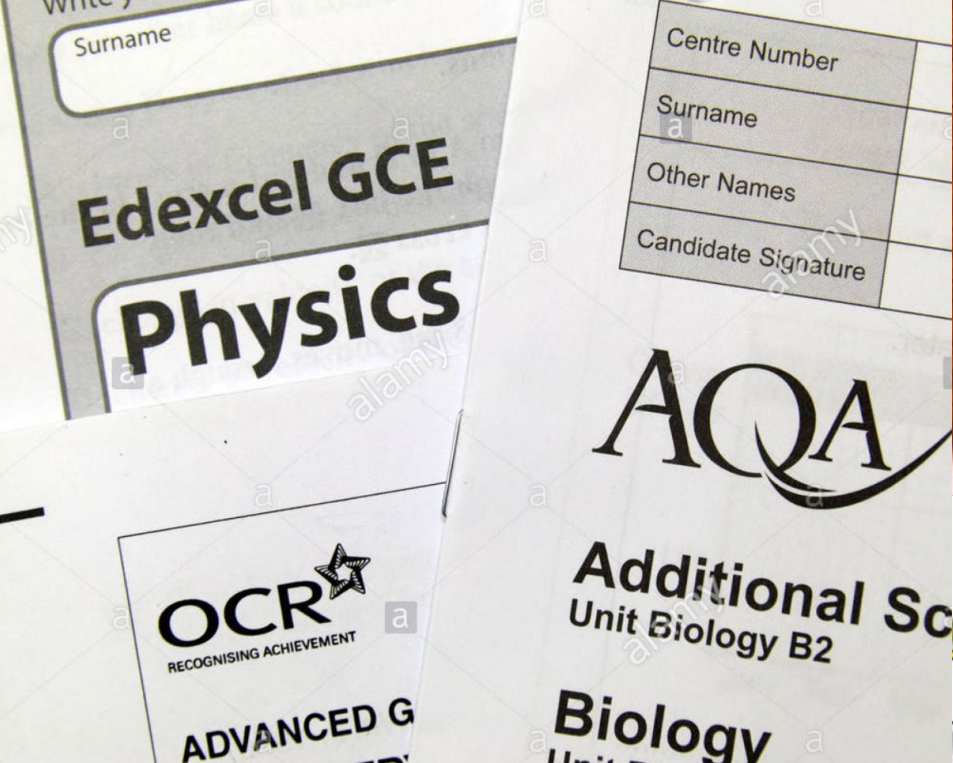
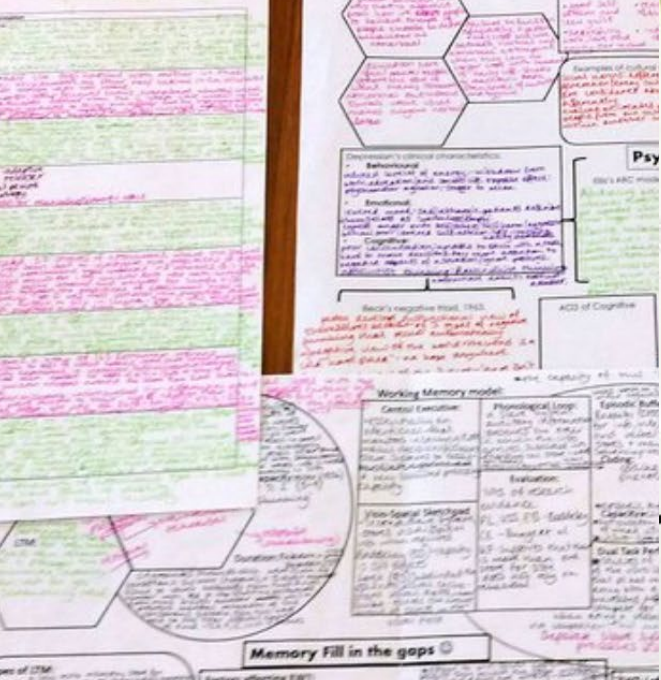
New!

## Study Skills & Revision Planner

Unbeatable advice from the revision experts!

Free Sample Copy

Includes Free Online Edition



# *Independent Learning*

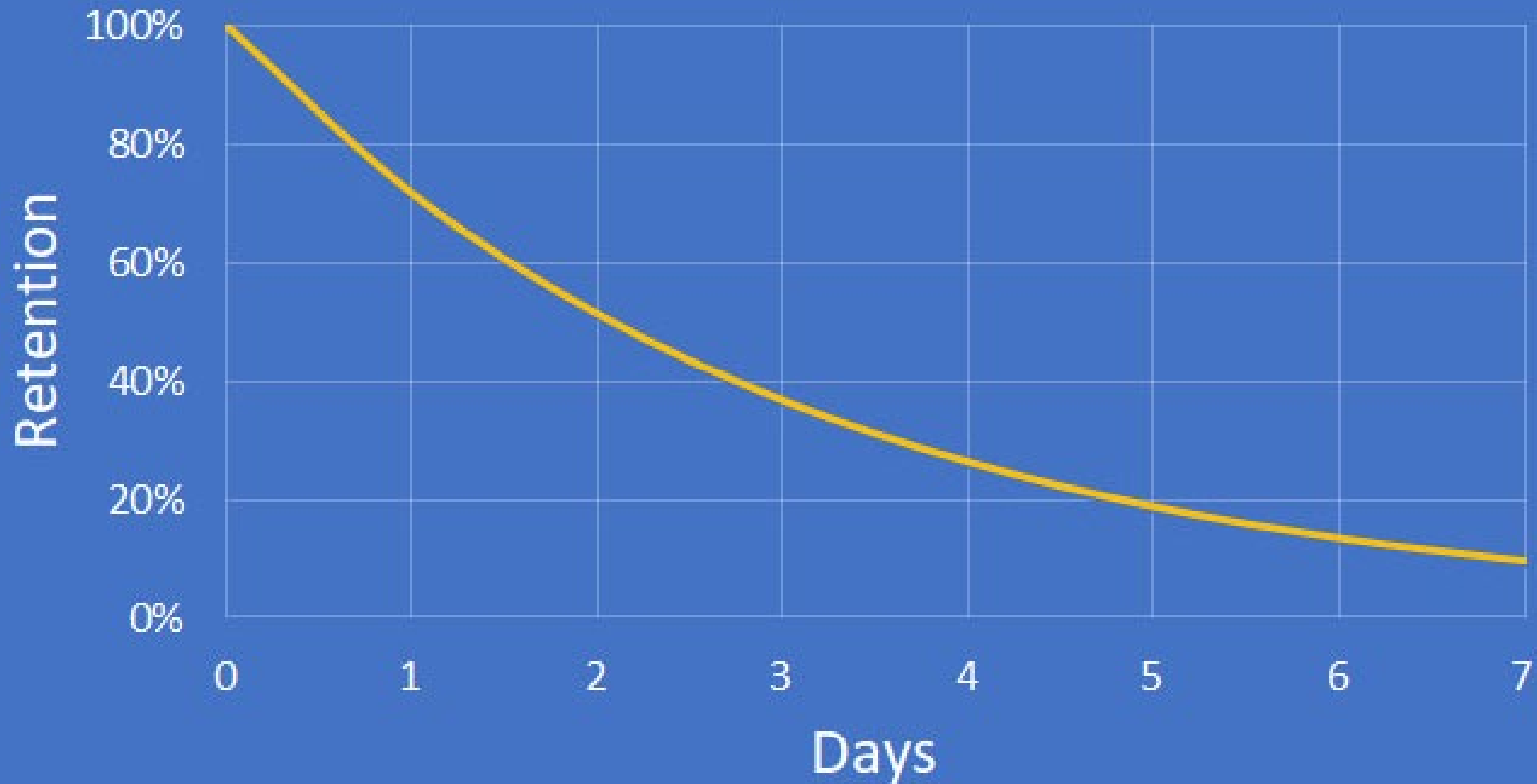
**1 Hour**

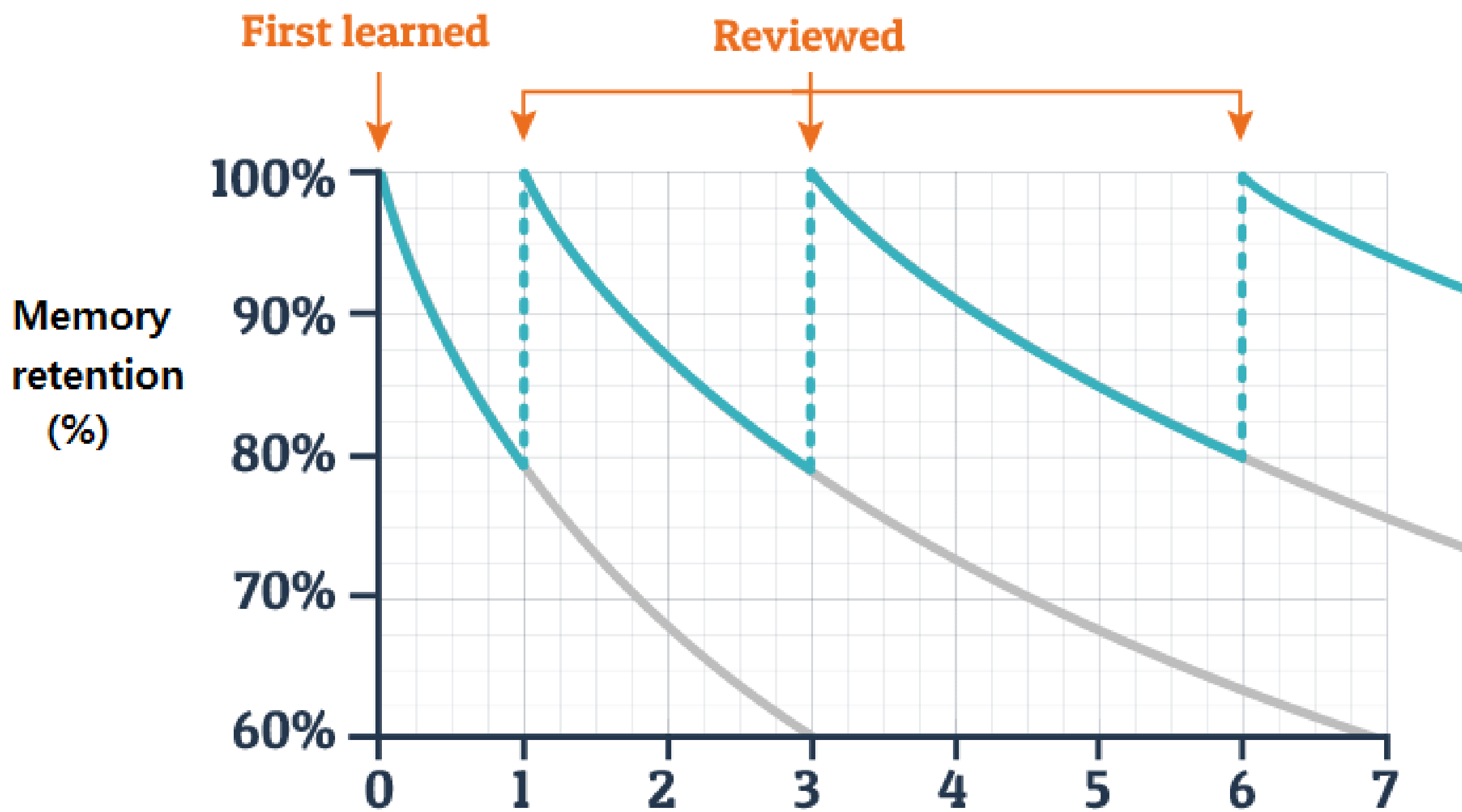
**Essential to your child's  
success**

**Contributes significantly  
to progress**



# THE FORGETTING CURVE





# GCSE Biology Paper 1 **R**<sub>ed</sub> **A**<sub>mber</sub> **G**<sub>reen</sub> Sheet

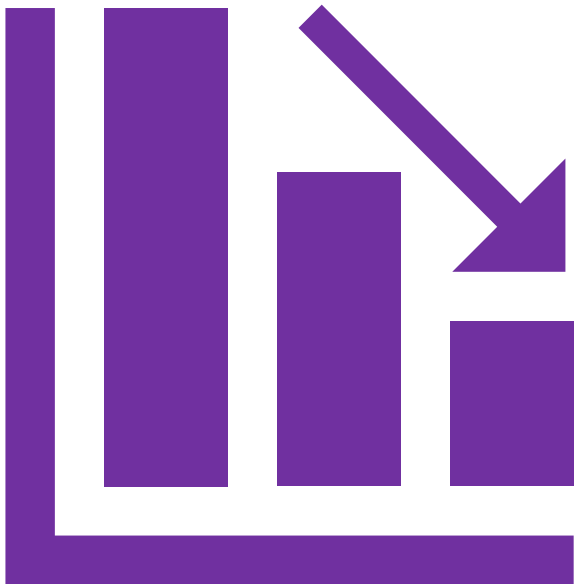
Unit	Topic	Subtopic	Revision RAG	Revision RAG	Revision RAG	Revision RAG	Revision RAG
Cell Biology	Cell Structure	Eukaryotes and prokaryotes	Red	Yellow			
		Animal and plant cells	Green	Green			
		Cell specialisation	Yellow	Green			
		Cell differentiation	Yellow	Green			
		Microscopy	Red	Yellow			
		<i>Culturing microorganisms</i>	Green	Green			
	Cell Division	Chromosomes	Red	Yellow			
		Mitosis and the cell cycle	Red	Yellow			
		Stem cells	Green	Green			
	Trans-port in Cells	Diffusion	Red	Yellow			
		Osmosis	Red	Yellow			
		Active transport	Green	Green			
ation	Animals	Principles of organisation	Green	Green			
		The human digestive system	Red	Yellow			
		The heart and blood vessels	Red	Yellow			
		Blood	Red	Yellow			

How much ???

You can't do  
too much



# Attendance



Attendance	Progress
100%	<b>0.94</b>
95% to 99%	0.32
90% to 94%	<b>0.05</b>
80% to 89%	-0.94
Below 80%	<b>-0.99</b>





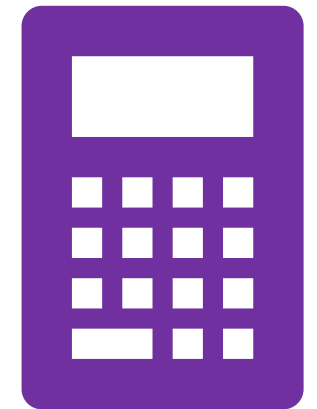
## *'How can I support my child in preparing for English exams?'*

- ✓ **Encourage regular reading**, including broadsheet newspapers, such as 'The Guardian' (which is used for some exam extracts & the app is free)
- ✓ **Discuss texts and topics** studied in English
- ✓ **Independent Learning** (homework) - support & encourage the completion of IL to a high standard
- ✓ **Study guides** – see the list on pay pal – CGP study guides (AQA exam board)
- ✓ **Test your child** using their flash cards or small revision books
- ✓ **Timetabled Revision / Key Quotes** – support your child with planning revision time & with practising key quotes from texts.
- ✓ **'Going for Grade 9' & 'Going for Grade 5'** Revision Sessions



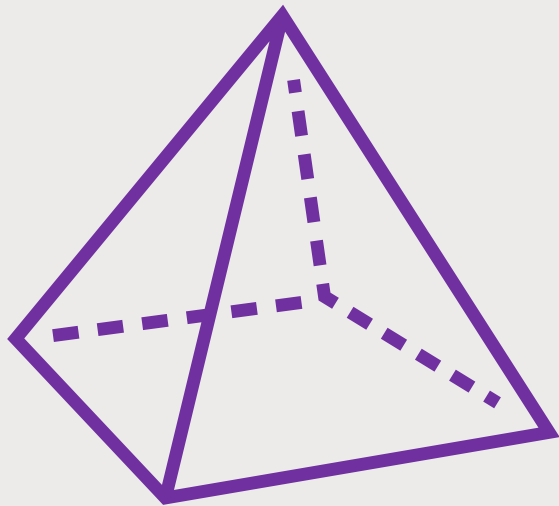
# Exam Board: OCR

- **Three Exams**
- **Paper 1 Calculator (100 marks) 1 ½ hours**
- **Paper 2 Non - Calculator (100 marks) 1 ½ hours**
- **Paper 3 Calculator (100 marks) 1 ½ hours**
  
- **All papers can contain content from the whole curriculum**
- **No advanced information**



# Supporting Foundation Students

Exam					Grade								
Board	Month	Year	Tier	Total	9	8	7	6	5	4	3	2	1
OCR	June	2023	F	300					59%	43%	31%	19%	7%
<b>Averages</b>									<b>59%</b>	<b>43%</b>	<b>31%</b>	<b>19%</b>	<b>7%</b>



- **Four operations**
- **Fractions**
- **Percentages**
- **Proportional reasoning**
- **Solving Equations**
- **Area and Perimeter**
- **Averages**



# Supporting Higher Students

- **Algebra** – these skills need to be automatic
- **Expand and Factorise**
- **Solve linear, quadratic and simultaneous equations.**
  
- **Geometry**
- **Pythagoras**
- **Trigonometry**
- **Circle Theorems**
- **Transformation**
- **Loci**
- **Vectors**

# Supporting Higher Students

Exam					Grade								
Board	Month	Year	Tier	Total	9	8	7	6	5	4	3	2	1
OCR	June	2023	H	300	81%	64%	48%	36%	25%	13%	7%		
<b>Averages</b>					<b>81%</b>	<b>64%</b>	<b>48%</b>	<b>36%</b>	<b>25%</b>	<b>13%</b>	<b>7%</b>		

- Resilience with Higher students is incredibly important
- Half of the paper directed at grade 7+
- Students need to expect questions they won't be able to answer fully

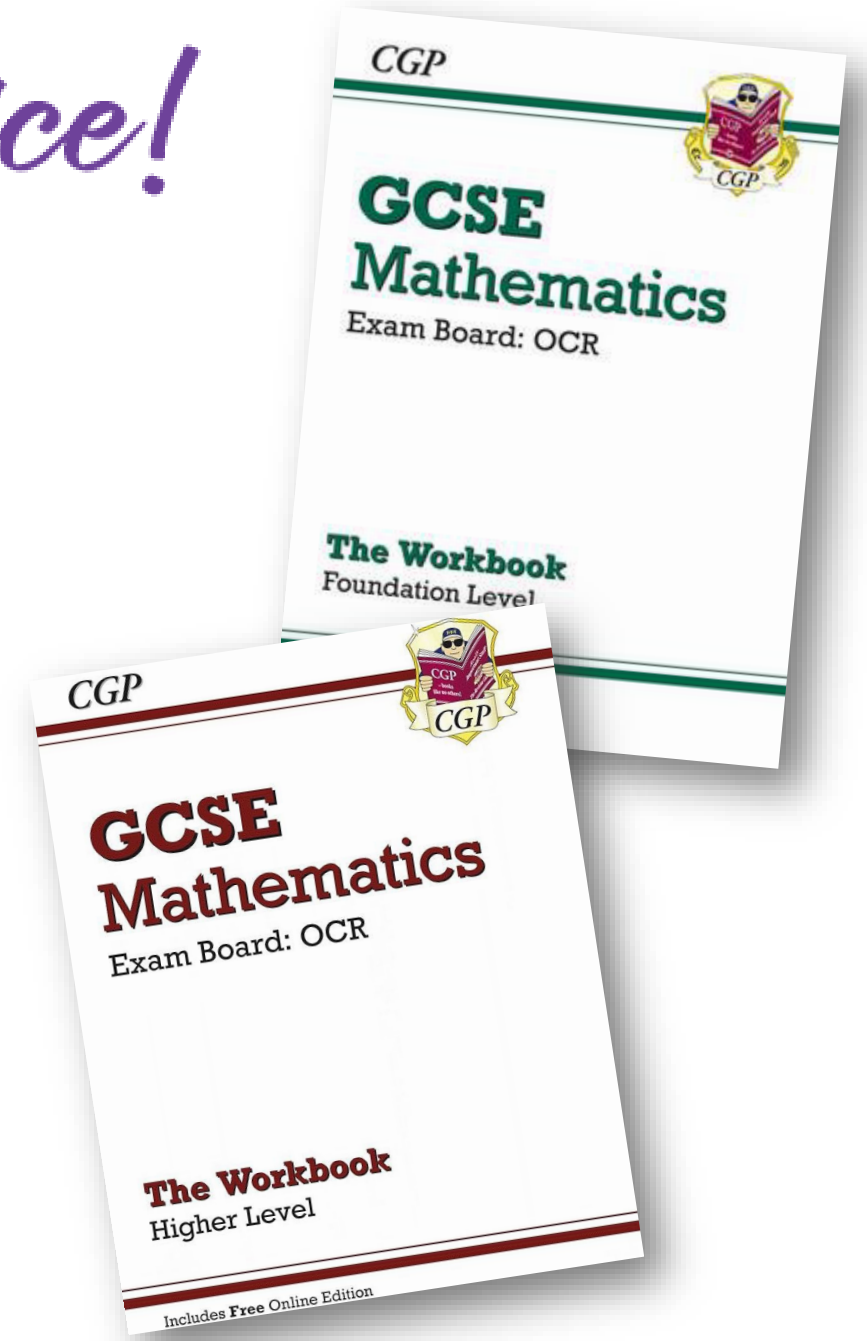


# Practice, Practice, Practice!

Use past paper questions

Buy a workbook

Sparx Maths





## Grade 8/9

Videos	Exam Questions	Exam Questions Booklet	Solutions
<a href="#">Quadratic Simultaneous Equations</a>	<a href="#">Exam Questions</a>	<a href="#">Quadratic Simultaneous Equations</a>	<a href="#">Solutions</a>
<a href="#">Transforming Graphs <math>y=f(x)</math></a>		<a href="#">Transforming Graphs <math>y=f(x)</math></a>	<a href="#">Solutions</a>
<a href="#">Proof</a>	<a href="#">Exam Questions</a>	<a href="#">Proof</a>	<a href="#">Solutions</a>
<a href="#">Completing the Square</a>	<a href="#">Exam Questions</a>	<a href="#">Completing the Square</a>	<a href="#">Solutions</a>
<a href="#">The Nth Term of a Quadratic Sequence</a>	<a href="#">Exam Questions</a>	<a href="#">Quadratic Sequences</a>	<a href="#">Solutions</a>
<a href="#">Quadratic Inequalities</a>	<a href="#">Exam Questions</a>	<a href="#">Quadratic Inequalities</a>	<a href="#">Solutions</a>
<a href="#">Velocity Time Graphs</a>		<a href="#">Velocity Time Graphs</a>	<a href="#">Solutions</a>
<a href="#">Proof of the Circle Theorems</a>	<a href="#">Exam Questions</a>	<a href="#">Proof of the Circle Theorems</a>	<a href="#">Solutions</a>

## OCR GCSE Exam Papers

### OCR Past papers

Paper (Online)	Paper (PDF)	Mark Scheme
2020 Foundation Paper 1	<a href="#">Full Exam Paper</a>	<a href="#">Mark Scheme</a>
2020 Foundation Paper 2 (Non Calculator)	<a href="#">Full Exam Paper</a>	<a href="#">Mark Scheme</a>
2020 Foundation Paper 3	<a href="#">Full Exam Paper</a>	<a href="#">Mark Scheme</a>
2020 Higher Paper 4	<a href="#">Full Exam Paper</a>	<a href="#">Mark Scheme</a>
2020 Higher Paper 5 (Non Calculator)	<a href="#">Full Exam Paper</a>	<a href="#">Mark Scheme</a>
2020 Higher Paper 6	<a href="#">Full Exam Paper</a>	<a href="#">Mark Scheme</a>
November 2019 Foundation Paper 1	<a href="#">Full Exam Paper</a>	<a href="#">Mark Scheme</a>
November 2019 Foundation Paper 2 (Non Calculator)	<a href="#">Full Exam Paper</a>	<a href="#">Mark Scheme</a>
November 2019 Foundation Paper 3	<a href="#">Full Exam Paper</a>	<a href="#">Mark Scheme</a>



The tools do the job!

# How to support at home



**Check equipment: pen, pencil, ruler, calculator, etc.**



**Revision guides and websites**



**Encourage homework and revision**



**Encourage good sleep and eating habits**

# High Challenge / High Support

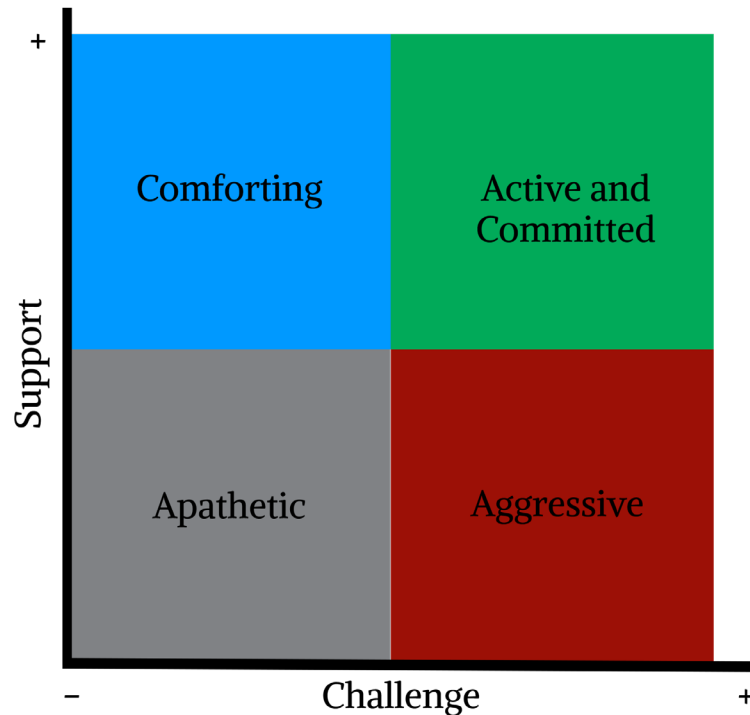
OFSTED Report June 2022:-

## High Challenge

- ‘The environment is calm, Pupils behave well’
- ‘Aspirations are high for everyone’

## High Support

- ‘A tangible sense of togetherness’
- ‘A strong family ethos that involves the whole school community’
- ‘Older pupils play an active role by supporting their younger peers, especially during tutor time’
- ‘Pupils’ positive relationships with each other and staff help to build up self-esteem, encouraging academic success’





## *Year 11 - The Fun Stuff!*

- **Friday 13th October – Year Group Trip to London**
- **Wednesday 26th June – Year 11 BBQ**
- **Thursday 27th June – Year 11 Prom – Portsmouth Marriott Hotel**
- **Also look out for:-**
- **Year books**
- **Hoodies**

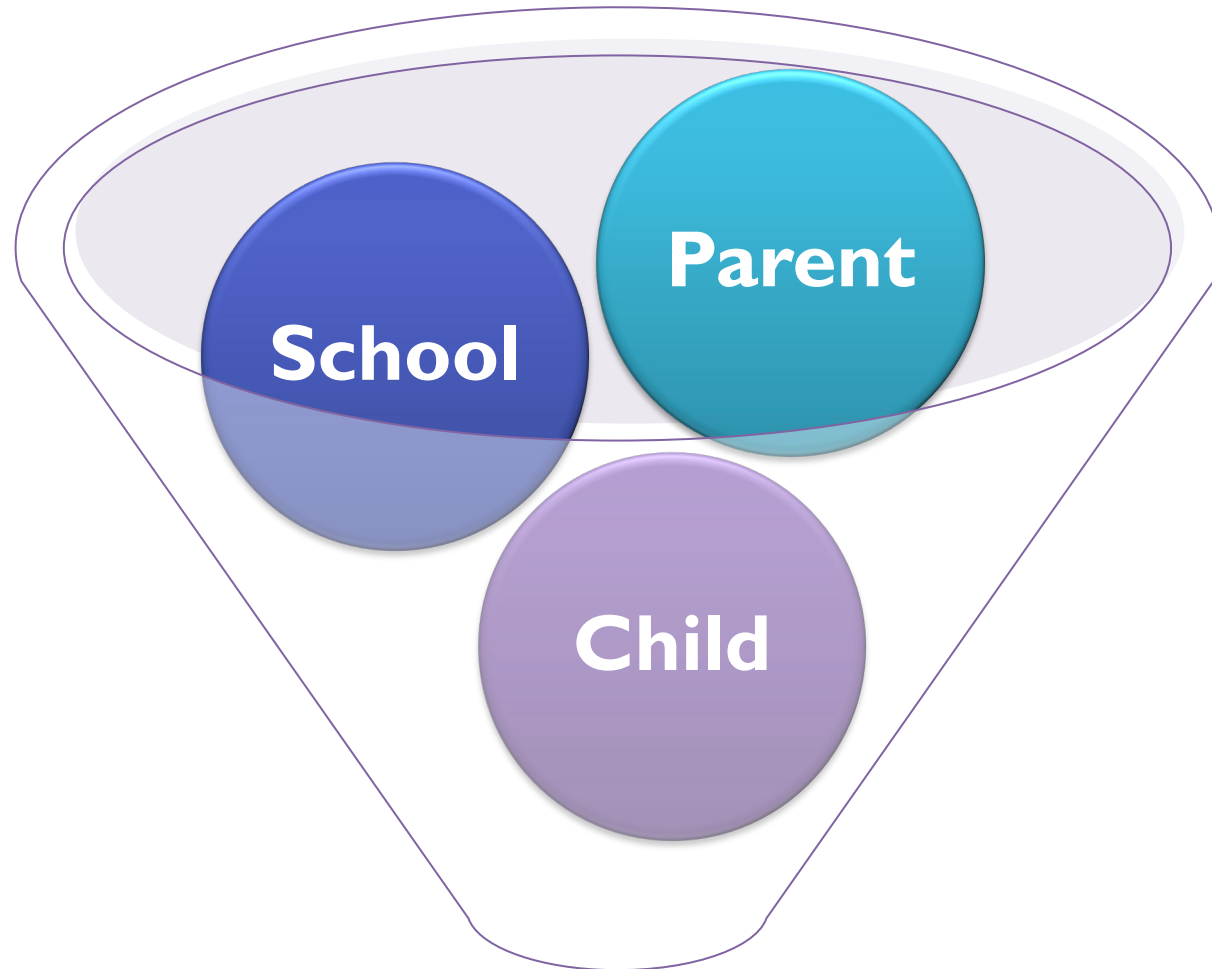
# Relationships Come First

They are built deliberately, explicitly and creatively.

*How?*

1. Vertical Tutoring
2. Community Circles
3. Small tutor groups
4. All staff are tutors
5. Aspiring Futures is taught in tutor groups
6. Restorative conversations as a tool in supporting behavior change





*Success*

